



Nature News

A publication of the Kittery Land Trust

Spring 2020

From the desk of Lisa Linehan, Executive Director

In early March, I prepared for Kittery Land Trust’s spring newsletter. It was the first newsletter for KLT since I took the helm as Executive Director last summer. What fantastic news I had to report - our membership was growing, the calendar was filled with exciting events, programming with Kittery schools was expanding, trail improvements were being made, more land had been preserved, new community partnerships had been established and we were in a solid financial position.

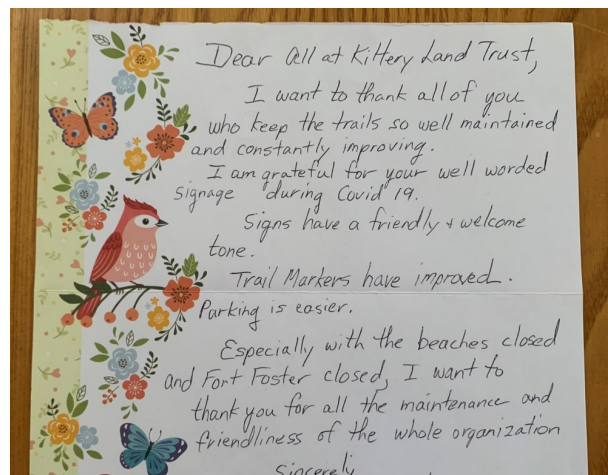
I hit “save” on my uplifting article and logged off to take my daughters to Florida on a college visit. On the day of our arrival, news hit: this is not the flu. This is a global pandemic. News reports came out of Italy with stories of their lockdown and staggering death tolls. Emails arrived from my children’s school - they were closing for two weeks. The term social distancing was in our face. Don’t touch your face. Wash your hands. Why are people going crazy over toilet paper? We did our first social distancing and made the best of our time away. The whole trip, I worried about taking a germ-filled plane back to Maine. I loaded up with antibacterial wipes, hand sanitizer and our luggage as we began our journey home. At the airport, some wore masks. Some wore gloves. There was fear in everyone’s eyes. We boarded our plane. An empty plane. Knowing the world we knew was not the same.

Back in Kittery, things were quickly changing. Stay-at-Home orders went into place. The beaches closed. Schools closed. The Community Center closed. Restaurants closed. Offices closed. What was the Kittery Land Trust’s role in a pandemic?

It turns out, our long time motto of “Saving Land, Building Community” came into play. People needed open space. Peo-

ple craved fresh air to clear their minds. People needed to get outside and away from the news. Without hesitation, our Board of Directors and Stewardship Committee took action. We would delay our March membership drive. We would improve trail conditions and signage. We would monitor usage and be out greeting visitors, six feet away, of course.

Throughout the Stay-at-Home orders, KLT preserves have seen more trail users than ever before. We worked tirelessly to keep our trails open for the community and are proud that we have been able to offer such a valuable resource during this crisis. One thing has become clear, our work is not done. Preserved land and open space are invaluable and more of it is needed so we can all spread out to enjoy the benefits of nature. The letter pictured below brought me to tears. After a lot of stress, our hard work and efforts were paying off. Kittery Land Trust is bringing joy to the community. We hope you have been able to find solace on the trails. We also hope that you will continue to support the work that remains to be done. Be well and stay healthy!





KITTERY LAND TRUST

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Ben Sweeney

Lisa Linehan, *Executive Director*

lisa@kitterylandtrust.org

KLT is a 501(c)3 nonprofit organization.



Garden Coordinator, Martina Berger, and farm owner, Jackie Nooney

KLT HELPING NEIGHBORS

We are overjoyed to announce that the Kittery Land Trust will be growing fresh produce for the community this summer. Through the generosity of Jackie Nooney, KLT will use a portion of her farm on Stevenson Road to help alleviate food insecurities in our community. The garden will be tended to by volunteers and everything harvested will be donated. KLT will work with local food banks to distribute the produce to our neighbors needing assistance. A huge thank you goes out to Jackie for making this possible!

If you would like to volunteer in the garden, please email garden@kitterylandtrust.org.

New Faces at KLT!

The Kittery Land Trust is blessed with an incredible Board of Directors that serve as the backbone of the organization. They watch over financials, plan for the future, help coordinate events, work on the trails, correspond with members and are our ambassadors in the community. Better than that, they are a group of “do-ers” and do it with a smile. We are thrilled to announce the addition of four new Board Members! Please help us welcome Gavin Beaudry, Dave Hawley, George Shea and Ben Sweeney to the team!



Gavin Beaudry – Board Member and Treasurer

Gavin and his wife Annie live in Kittery Point, where they enjoy gardening and making sour-dough bread. Gavin grew up in Hollis, NH, and has a bachelor’s degree from the Whittemore School of Business at the University

of New Hampshire. He is a co-owner of the Black Birch restaurant in Wallingford Square in Kittery.

Gavin also likes hiking in the White Mountains and collecting jazz and R&B records. Plus he is fond of pizza - making it as well as eating it.



George Shea – Board Member

George has worked in education his whole life. For years, he was the Technology Lead and then the principal at a primary school in Portsmouth. During his

tenure at the school, George won awards for school improvement. For the past several years, he has been the assistant superintendent of the Portsmouth School District.

George has always been passionate about open space and woods, and he enjoys foraging for wild mushrooms. George’s wife, Gillian, is a human resources executive. They live in Kittery.



Dave Hawley – Board Member

Dave and his wife, Meg, have lived on Rogers Rd in Kittery for over 10 years. Dave is an educator at Oyster River High School in Durham, NH, and Meg is a practicing therapist in Kittery.

Dave grew up in Ohio. He attended college at the University of New Mexico and then worked in the field of wilderness education. After earning a master’s degree in Education at the University of New Hampshire, he began teaching humanities, with a focus on environmental issues, at Oyster River High School.



Ben Sweeney – Board Member

Ben was born and raised in NH, and he presently lives near Admiralty Village in Kittery.

Ben graduated from the University of New Hampshire with an undergraduate degree in marine science and engineering; then he earned a master’s degree from the University of Rhode Island in marine science and policy. Ben recently won a fellowship that brought him to this area, where he works for the NH Dept. of Environmental Services, specializing in issues related to storm water and climate change.

From the trails

By Steve Ostrow

The Stewardship Committee of the Kittery Land Trust is responsible for maintaining and monitoring the approximately 1,000 acres of our preserves and easements. The committee has about 20 active members and many more volunteers.

The work on our properties typically involves developing management plans and then acting on those plans to determine public accessibility and to put in and maintain trails, bridges and walkways, kiosks, and parking areas. We also remove invasive trees, plants, and vines that threaten the health of the forest and wildlife. Members volunteer to steward individual properties and check for other work that needs to be done.

We hold workdays twice a month to accomplish these tasks and to augment the work done by specific property stewards. In the last year or so we have rebuilt bridges and walkways at our Brave Boat Headwaters and Norton preserves, installed kiosks at the Norton and Remick preserves, and kept our many trails free of de-

bris so everyone can enjoy walking on them. And we've removed lots of buckthorn and bittersweet vines!

We also sponsor bi-monthly Conservation Conversations where we invite an expert in some aspect of conservation that is of interest to our community to talk for an hour. These events are free and open to the public - we hope to get them back on the calendar soon!

We are always looking for more volunteers to become property stewards, to help on our workdays, and to attend the Conservation Conversations, so please join us. Email us at stewardship@kitterylandtrust.org.



Jack-in-the-Pulpit blooming in the Norton Preserve this spring.

In the Classroom

Before COVID-19 closed down schools in the blink of an eye, the Kittery Land Trust was busy ramping up its educational programming. At the Kittery Community Center, where our office is located, KLT was offering monthly nature-based programming for the SAFE afterschool program. Our visits with the kiddos created pure joy for our volunteers and the children alike. Messes were made, lessons were learned and adventures were had. We look forward to resuming our monthly visits with SAFE when the kids return to KCC!

The Kittery Land Trust also teamed up with Traip Academy. Science teacher, Tim Foret, worked throughout the winter and the pandemic to develop gps mapping curriculum that will be used on KLT properties. Foret's students will work to help us monitor the land, study usage and create interactive maps. This will be an incredible resource for KLT and we are thrilled that our land will be used as a classroom for local students! Stay tuned for more about this exciting project and for news of expanding educational programming.

If you would like to volunteer with us in the classroom, please email lisa@kitterylandtrust.org.

Around the Town



FROZEN FUN - It was balmy 21 degrees for the Seapoint Beach Polar Plunge this winter! An incredible amount of community spirit was in the air to support the Kittery Land Trust and Footprints Food Pantry as supporters took a dunk in the icy Atlantic. A giant shout out to Isabelle Woollacott for organizing such a fun event and thanks to everyone who took the plunge!

FABULOUS FIND - The Kittery Land Trust was also thrilled to accept a check for over \$6000 from the Fabulous Find from their December profits - what a wonderful way to start the New Year! Thank you Fabulous Find for supporting so many amazing area nonprofits!

Leave a Gift That Lasts

By Vickie Ostrow

My husband and I were driving home on a back road when we saw the car approaching us in the other lane stop. Then we saw the turkeys. It was nearing dusk, and they were crossing the road one or two at a time, the tom standing guard on the left and most of the flock still on the right. We counted 44 turkeys before there was a long enough break in the line for us to pass.

The residents of Kittery tend to know where the turkeys cross our roads; we post "Turkey Crossing" signs and pause to let them share the road with us, and many of us marvel at how many wild turkeys now live in our town along with the deer, otters, foxes, raccoons, porcupines, coyotes, hawks, owls, and the badger who lives in the woods behind our house. It makes us happy to know that our contributions to the Kittery Land Trust help preserve spaces for all of the residents of Kittery. (KLT member)

Your planned gift can help keep alive the Kittery Land Trust's three decades of success protecting and preserv-

ing open and wild spaces within our community. Gifts directed to our Endowment Fund will provide our organization with valuable flexibility to respond to emerging opportunities and critical needs.

There are several ways you may include the **Kittery Land Trust** in your estate plans:

Outright Gifts

- Cash
- Stocks, bonds, CDs, IRA (usually a good tax option)
- Tangible goods (Please check with us first)

Bequests by Will

Additional Ways

- Charitable remainder trusts
- Charitable gift annuities
- Gift of real estate or insurance policy

Your attorney or financial adviser can also provide further planning assistance if needed.

We want to be sure your Legacy Gift to the **Kittery Land Trust** is effective and meaningful. Please contact us to confidentially discuss your ideas and plans.



A family legacy!

The Kittery Land Trust is thrilled to announce an additional 84.25 acres has been forever preserved for the community! The Arthur and Roseann Andrews family donated the parcel of land to the Kittery Land Trust in honor of their parents' love of nature and the family's long association with the town. Chris Andrews, the son of "Andy" and Roseann, said the family is "very proud to be able to conserve the land our parents had kept for the preservation of the wildlife they both loved for so many years by donating it to KLT." Pictured, the Andrews siblings gather at the new preserve. (L to R): Stephanie Andrews, Chip Andrews, Judy Andrews, Lisa Hippert and Chris Andrews

Make Your Mark on the Land

There is one way you may not know about where you can have an enduring and positive effect on the landscape and character of Kittery. Become a member of the Kittery Land Trust's Landmark Circle.

The Landmark Circle supports all of the activities and projects of the Kittery Land Trust. The donated funds help us pay our executive director, purchase and maintain our existing properties, and plan our outreach and fundraising programs. The funds make it possible for us to reach more members of our community and include them in our efforts to protect our properties, and the forests and beaches in general, for our own generation and for the future.

The woods and waters protected by the Kittery Land Trust

helps us maintain a connection with the natural world that is quickly diminishing in this part of our state. Saving these lands provides a habitat for the wide variety of plants and wildlife that thrive in our area and can teach future generations about the importance and benefits of guaranteeing wild, green spaces within our town.

You can become a member of the Landmark Circle with an donation of \$1,000 or more. In return, you will be invited to special dinners and events hosted by the Kittery Land Trust. Unless you wish to remain anonymous, you will receive recognition at our meetings, in our newsletter, and on our website. If you are interested in knowing more about the Landmark Circle or the Kittery Land Trust's other programs and donation levels, please contact Lisa Linehan, our Executive Director.



CLIMATE CORNER

James Carruthers: Making Moves to Live More Sustainably

- By Laura Poppick

Kittery residents James Carruthers and his wife, Erika North, began hashing out a plan to reduce their fossil fuel consumption several years ago. As an environmental scientist working for a consulting firm, James wanted to align his family's values with their lifestyle. So he and Erika decided to purchase an electric car, and install solar panels to charge it. After considering their options, they ended up installing a 30-panel array that can both charge their vehicle and cover much of the energy needs of their 1,900 square-foot home as well — which they heat with an energy efficient heat pump system.

"I would love to get off-grid completely," James says, acknowledging that he and Erika are approaching this goal in a stepwise fashion to overcome some of the immediate financial burdens of switching over entirely. But even with these immediate investments, the long-term financial gains of making the switch are already becoming apparent, he says.

The couple is taking other measures to increase the sustainability of their home and daily lives as well: Last fall, they redid their home insulation and buttoned up other areas of their house to reduce unnecessary energy loss, and they're also working to reduce the amount of plastic they consume on a daily basis.

When they're not plotting their next sustainability project, they enjoy hiking around the MtA2C region with their dog. With his background in environmental science, James says he's glad to see habitat diversity preserved on these properties, and loves exploring them, "just to get out in nature and get some exercise."

Fueling up on renewable energy and time outdoors in the MtA2C region sounds pretty sustainable to us.

About MtA2C: Ten organizations began working together on the Mt. Agamenticus to the Sea Conservation Initiative (MtA2C) in 2002 to conserve the most important forests, fields, wetlands and marshes in a focus area that includes part of Kittery, Eliot, York, Ogunquit, Wells, and South Berwick. Our goal: 19,000 acres of conserved natural lands and protected watersheds in the Mt. Agamenticus region to benefit people and wildlife. Kittery Land Trust is a proud partner of MtA2C.

And The Winner Is...



Each year, the Kittery Land Trust presents the Friend of Kittery Conservation Award to someone who has made significant contribution to the conservation of open spaces that improve the quality of life in the community. At KLT's Annual Meeting, the 2019 Friend of Kittery Conservation honor was awarded to Dan Gardoqui.

For over 30 years, Dan Gardoqui has been a student, teacher and active participant in the natural world. He co-founded and led White Pine Programs, the well-known nature-connection organization, for twenty years. Dan also served as science faculty at UNH and Granite State College - where he was awarded an outstanding faculty award. Dan helped design the Boston Museum of Science's "A Bird's World" exhibit and served as Science Editor for "What the Robin Knows: How Birds Reveal Nature's Secrets." Today, Dan runs Lead with Nature, where he shares his passion and expertise with online and outdoor nature-based training and consulting for businesses, schools and individuals. Dan was the subject for "The Birder" an award-winning short film about the power of being connected to birds. Dan lives in the Agamenticus Region with his family where he spends time running, making music, hunting, foraging and learning from wildlife. Check out his fun, informative "Learn a Bird" series on YouTube or Instagram TV (@leadwithnature).

Thank You to ALL of Our Members!

Landmark Circle

Nancy Adams & John Burgess
Jane Bartolomei & Fran Clark
Hilary Clark
MJ Blanchette & Brian Cox
Deborah Coffin
Alex & Danna Dearborn
Lyman & Diana Delano
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SEACOAST ENVIRONMENTAL FILM FESTIVAL

JANUARY 11, 2020



Films Call Us to Action

The third annual Seacoast Environmental Film Festival (SEFF) was a smashing success! The January event featured five outstanding films, thought-provoking panel discussions, over 900 attendees throughout the day, 18 exhibitors and a sold-out VIP reception. Not only does the film festival educate and inspire people, but it also brings the community together. So many great conversations took place, new connections were made, and there was a sense of purpose in the air.

SEFF is hosted by the Kittery Land Trust. KLT is grateful for the many volunteers who helped make it such a fantastic event. Another big thank you goes out to SEFF sponsors: major sponsors Eldredge Lumber & Hardware and Faith Harrington and Peter Lamb: Ralph E. Ogden Foundation. SEFF was also sponsored by Altus Engineering, ARQ Architects, JNL, Inc., Kennebunk Savings Bank and the Rosamond Thaxter Foundation. The VIP reception included amazing food and drink from some of your favorite local establishments: The Black Birch, Festina Lente, Ore Nell's, Anju, Blue Mermaid, Anneke Jans and Woodland Farms Brewery. The day's events and panel discussions were moderated by Melissa Paly, the Great Bay – Piscataqua Waterkeeper with Conservation Law Foundation, and long-time board member of the Kittery Land Trust.



The film, Motherload, got the wheels turning! Commuter bikes from around the community were on display at the film festival.

We are already looking forward to next year! Mark your calendars now for the fourth annual Seacoast Environmental Film Festival slated for March 6, 2021. There will be plenty to discuss next year!

ARE YOU A MEMBER?

Did you know...

- The Kittery Land Trust is funded primarily through membership donations
- KLT manages almost 1000 acres with just one staff person
- We have an all-volunteer Stewardship Committee to care for our land
- Plans are in the works for trail improvements, signage and new maps
- Kittery Land Trust is working to preserve more open space in our town
- KLT offers free educational programming to the SAFE afterschool program
- We host a wide variety of free guided walks for the community



Become a member today!

Make your secure donation online at www.kitterylandtrust.org

Mail your donation to Kittery Land Trust, PO Box 467, Kittery, ME 03904